

# GOVERNMENT COLLEGE OF NURSING, KOTTAYAM

## Department wise policy

Government college of Nursing , Kottayam , one of the pioneer nursing institutions in , Kerala functions under 5 departments:

1. Department of Medical Surgical Nursing
2. Department of Child Health (Pediatric) Nursing
3. Department of Mental Health Nursing
4. Department of Obstetric and Gynecologic Nursing
5. Department of Community Health Nursing

### 1. Department of Medical Surgical Nursing

The department of Medical Surgical Nursing aims to impart expertise and indepth knowledge to students in providing holistic care to adult patients. The department inculcates critical thinking skills to students to function as a medical surgical nurse and also in performing the extended roles of educator manager and researcher. The training methodology adopted includes simulation, skill training and OSCE session. The department also engages in research both at student and faculty level.

- **Vision:** To be a center of excellence in adult health nursing, fostering innovation in clinical practice and research.
- **Mission:** To prepare competent nurse specialists who provide evidence-based, holistic care to adults in diverse healthcare settings.

### Objectives

- To equip the students with knowledge and skill in providing holistic nursing care to adults with various medical and surgical disorders.
- To incorporate evidence based nursing practice and identify areas of research in field of medical surgical nursing.
- To keep abreast with the various recent technologies and treatment modalities in management of critically ill adult patients.
- To enhance a sense of community responsibility while participating in disaster management process.
- **Core Values:** Precision, Compassion, Integrity, Lifelong Learning.

### 2. Department of Child Health (Pediatric) Nursing

Child Health Nursing is the art and science of giving nursing care to children from birth through adolescence with emphasis on the physical growth, mental, emotional and psychosocial development. The department actively participates in training the students to identify the normal growth and development of children and deviation from the normal and do research in the field of child health nursing. We train our nursing students to develop in-depth knowledge, skill and right attitude to function as neonatal and pediatric nurses to provide holistic nursing care to the sick and critically ill children at any given setting.

- **Vision:** To lead in the advancement of child health through specialized education and advocacy for children's rights.
- **Mission:** To nurture nurses who deliver compassionate, developmentally appropriate care to the pediatric population and their families.

### **Objectives**

- To train the students in developing the knowledge and skills required to respond to health care needs of infants and children and their family in a variety of settings.
- To provide student-centered teaching and learning in all areas of child care that helps the students to gain confidence in their child health nursing knowledge and skills.
- To provide opportunity to identify the needs of children and provide comprehensive care for children in all age group.
- To prepare the students to conduct nursing research in the areas of child health nursing
- **Core Values:** Child-Centricity, Empathy, Advocacy, Collaboration.

## **2. Department of Mental Health Nursing.**

The department of Mental Health Nursing provides excellent service in mental health nursing education research and practice which include comprehensive care in the hospital as well as in the community. The inception of the department took place with the beginning of post graduate courses in Amala College of Nursing in 2012.

The faculty members are actively involved in teaching the undergraduate and post graduate students, guiding them inpatient care and research activities and co-operating various extension programmes along with psychiatric unit in the hospital. The department conducts awareness programmes on mental health related topics in schools and various urban – rural area centres in Thrissur.

### **Objectives**

- To encourage the students to learn and practice their knowledge for the development of practical skills, to become efficient professional mental health nurses as well as remain lifelong learner.
- To develop the skills of UG and PG nursing students in the area of classroom teaching as well as clinical teaching methods to teach our clients and public at large.
- To emphasize the importance of taking care of the psychological aspects of clients with physical disorders or disabilities of special and vulnerable groups.
- **Vision:** To transform mental health landscapes by producing empathetic psychiatric nurse leaders.
- **Mission:** To provide comprehensive education on psychiatric-mental health, emphasizing rehabilitation and human rights.
- **Core Values:** Respect for Dignity, Therapeutic Communication, Resilience, Non-judgmental Attitude.

#### 4. Department of Obstetric and Gynecologic Nursing

Obstetrics & Gynaecological Nursing is a speciality caring for woman during pregnancy, child birth and postpartum period. The wellbeing of the society is directly linked to the health and survival of mother and children. When the mother is healthy she gives birth to a healthy child. Prenatal guidance and efficient care is essential to reduce the maternal mortality and morbidity. The department is designed for graduate and post graduate students to develop expertise and in depth understanding in the field of Obstetrics and Gynaecological Nursing

- **Vision:** To ensure every mother and newborn receives the highest standard of midwifery and reproductive care.
- **Mission:** To empower nursing students with the skills to manage normal and high-risk pregnancies with clinical autonomy.

#### Objectives

- To monitor and evaluate Obstetrics and Gynecological nursing skills of faculty and students.
  - To demonstrate competency in practice to promote quality care to women and neonates.
  - To incorporate evidence based nursing practice and identify the areas of research in the field of Obstetrics and Gynaecological Nursing.
  - To demonstrate ethics in practice and research.
  - To integrate the concepts of family centered nursing care and nursing process approach in Obstetrics and Gynaecological Nursing.
- **Core Values:** Empowerment, Safety, Sensitivity, Evidence-based Midwifery.

#### 6. Department of Community Health Nursing

Department is involved in imparting regular health education to the public of the rural & urban areas, in guiding UG/PG research projects of students and research consultancy. The department actively participates in extension activities like nutritional demonstration, school health programmes, individual and group health educations, observation visits, involved in other national health programmes and health camps. Students are being involved in regular palliative care activities to the nearby rural and urban areas. PG students are fully engaged in conducting community oriented research projects.

- **Vision:** To be a catalyst for health equity and sustainable community development.
- **Mission:** To train nurses to serve as leaders in primary healthcare, focusing on prevention and health promotion.

#### Objectives

- identify the health needs and problems of the people.
  - appreciate the role of nurse in rural community setting .
  - develop skills in planning, implementing and evaluating health care services to individuals, families and community in the rural setting.
- **Core Values:** Social Justice, Equity, Community Participation, Sustainability.