

## **GOVERNMENT COLLEGE OF NURSING, KOTTAYAM**

### **Programme outcome**

#### **B. Sc Nursing course**

The aim of the Bachelor's Degree nursing program:

- Prepare graduates Nurses to assume responsibilities as professional, competent nurses and midwives at basic level in providing comprehensive health care services (promotive, preventive, curative and rehabilitative services).
- Prepare nurses who can utilize their knowledge and skills in making independent decisions in nursing situations, protect the rights of individuals, family and groups in pursuit of health, function in the hospital, community nursing
- Conduct research studies in the areas of nursing practice. Preparing them to assume the role of teacher, supervisor and manager in a clinical / public health setting.

#### **Programme specific outcome:-**

On completion of B.Sc. Nursing Degree programme the graduates will be able to:

1. Apply knowledge from physical, biological and behavioral sciences, medicine, including alternative systems and nursing in providing care to individuals, families and communities.
2. Demonstrate understanding of life style and other factors, which affect health of individuals and groups.
3. Provide nursing care based on steps of nursing process in collaboration with the individuals and groups through using latest trends and technologies.
4. Demonstrate critical thinking skill in making decisions in all situations in order to provide quality care.
5. Provide promotive, preventive and restorative health services in line with the national health policies and programs.
6. Practice within the framework of code of ethics and professional conduct and acceptable standards of practice within the legal boundaries.
7. Communicate effectively with individuals and groups and members of the health team in order to promote effective interpersonal relationships and teamwork.
8. Demonstrate skills in teaching to individuals and groups in clinical/ community health settings.
9. Participate effectively as members of the health team in health care delivery system.
10. Demonstrate leadership and managerial skills in clinical / community health settings.
11. Conduct need based research studies in various settings and utilize the research findings to improve the quality of care.

12. Demonstrate awareness, interest and contribute towards advancement of self and of the profession.

### **B. Sc. Nursing I year Course outcomes**

#### **English**

The course is designed to enable students to enhance ability to comprehend spoken and written English (and use English) required for effective communication in their professional work. Students will practice their skills in verbal and written English during clinical and classroom experience.

Specific objectives:

At the end of the course the students are able to:

- 1) Develop good vocabulary skills or better communication.
- 2) Effectively communicates with patients while rendering care.
- 3) Understands methods of writing and drafting letters in English.
- 4) To plan and write effective nursing process and records.

#### **Anatomy and Physiology**

The course is designed to assist students to acquire the knowledge of the normal structure of human body & functions. To ensure the students to understand the alternation in anatomical structure and function in disease and practice of Nursing.

Specific objectives –

At the end of the course the students will be able to:

- 1) Describe the general structure and functions of the body as a whole.
- 2) Describe the general and microscopic structure and functions of each system of the body.
- 3) Explain the macroscopic and microscopic structure and functions of each organs of the body.
- 4) Understand the effects of alterations in structures and functions of as whole.
- 5) Apply the knowledge of anatomy and physiology in the practice of nursing.

#### **Nutrition & Biochemistry**

The Course is designed to assist the students to acquire knowledge of the normal biochemical composition and functioning of human body and understand the alterations in biochemistry in diseases for practice of nursing.

Specific objectives:

At the end of the course the students will be able to

1. To understand the concept of nutrition & health.
2. Understand different types of nutrients, their importance, sources, functions and problems due to deficiency.

3. To plan balanced diet for individuals and groups.
4. Plan menu efficiently.
5. Explain methods of effective cooking and food preservation.
6. Apply the principles of food preparation in the practical field effectively.

### **Nursing Foundation**

This course is designed to help the students to develop an understanding of the philosophy, objectives, theories and process of nursing in various supervised clinical settings. It is aimed at helping the students to acquire the knowledge, understanding and skills in techniques of nursing and practice them in supervised clinical setting. Course Objectives :

At the end of the course students will be able to develop:

- 1) Knowledge on concept of health, health-illness continuum and health care delivery system.
- 2) Knowledge on scope of nursing practice.
- 3) Knowledge on concept, theories and models of nursing practice.
- 4) Desirable attitude to ethics and professional conduct.
- 5) Skill in communicating effectively with patients and families and team members to maintain effective human relations.
- 6) Skill in health assessment and monitoring of patients.
- 7) Skill in carrying out basic nursing care procedures.
- 8) Skill in caring for patients with alterations in body functions.
- 9) Skill in applying steps of nursing process in the care of clients in the hospital and community.
- 10) Skill in applying scientific principles while performing nursing care.
- 11) Skill in documentation.
- 12) Skill in meeting basic psychosocial needs of the clients.
- 13) Knowledge on principles and techniques of infection control.
- 14) Confidence and competence in caring of terminally ill patients.

### **Psychology**

This course is designed to assist the students to acquire knowledge of fundamentals of psychology and develop an insight into behaviour of self and others. Further it is aimed at helping them to practice the principles of mental hygiene for promoting mental health in nursing practice.

Specific Objectives:

At the end of the course the students will be able to:

1. Understand the importance of psychology in personal and professional life.
2. Understands the biology of human behaviour.

3. Understands cognitive and affective processes of human mind.
4. Develops an understanding of self and others.
5. Understand the influence of personality of human behaviour.
6. Appreciates developmental psychology.
7. Understand the significance of mental hygiene and mental health.
8. Assist with psychological assessments and tests

### **Microbiology**

This course is designed to enable students to acquire understanding of fundamentals of Microbiology and identification of various micro-organisms. It also provides opportunities for practicing infection control measure in hospital and community setting.

Specific objectives:

At the end of the course student will be able to:

1. Explain concepts and principles of microbiology and their importance in patient care.
2. Understand the commensal, opportunistic and pathogenic organisms of human body and describe host parasite relationship.
3. State the sources and modes of transmission of pathogenic and opportunistic organisms including vectors and their role in transmission of diseases.
4. Be conversant with proper methods of collection, storage and transport of clinical material for microbiological investigations.
5. Understand the principles of immunology and its application in the diagnosis and prevention of infectious diseases.

### **Introduction to Computer**

This course is designed for students to development basic understanding of uses of computer and its applications in nursing.

Specific objectives:

After the completion of the course, students will able to:

1. Identify & define various concepts used in computer.
2. Identify & describe application of computer in nursing. 3 Describe & use the DOS & Windows
4. Describe & demonstrate skill in the use of MS-office.
5. Describe & demonstrate skill in using multimedia & computer aided teaching & testing.
6. Identify & demonstrate use of internet & e-mail
7. Describe & use the statistical packages

### **B.Sc Nursing II year Course outcomes**

## **Sociology**

This course is designed to introduce the concepts of sociology related to community and social institutions in India and its relationship with health, illness and nursing.

Course objectives:

At the end of the course, the student will be able to:

1. Describe the structure and the dynamics of the society
2. Discuss the relationship of the individual to the society.
3. Understand the social problems and its influence on social changes and the factors contributing to it.
4. Describe sociological concepts applicable to nursing.
5. Determine role of sociology in nursing as related to social institution in India
6. Develop positive attitudes towards individual, family and community.

## **Pharmacology**

This course is designed to enable students to acquire understanding of pharmacodynamics, pharmacokinetics, principles of therapeutics and nursing implications.

Specific objectives:

At the end of the course the students are able to:

1. Understand the basic concepts of pharmacology
2. Understand the pharmacology of common chemotherapeutics.
3. Understand common antiseptics, disinfectants and insecticides.
4. Understand drug acting on various systems of human body.
5. Appreciate alternative systems of medicines.

## **Communication & Education Technology**

This course is designed to help the students acquire an understanding of the principles and methods of communication and teaching. It helps to develop skill in communicating effectively, maintaining effective interpersonal and human relations, develop basic skills in guidance and counseling, principles of education, teaching individuals and groups in clinical, community and health educational settings.

Specific objectives:

On completion of this course, the graduate nurse will be able to:

1. Understand the effective communication process using various communication techniques with individuals groups and health team members.
2. Establishes effective interpersonal and human relations with patients, families and health team members.

3. Acquires knowledge on concepts, principles on guidance and counseling and develop basic skills for counseling patients, nursing students and nursing personnel.
4. Understand the philosophy, principles of education and teaching learning process.
5. Demonstrate teaching skills using various teaching methods in classroom, clinical and community setup using different methods and media.
6. Demonstrate skill in preparing different types of assessment tools for knowledge attitude and skill.

### **Community Health Nursing- I**

This Course is designed for Students to appreciate the principles of promotion and maintenance of health. Specific objectives:

At the end of the course students are able to

1. Understand the concepts of community, community health and community health nursing.
2. Appreciate the various factors influencing health in the community.
3. Appreciate the concept, scope, uses and methods of epidemiology.
4. Understand the epidemiology and nursing management of common communicable diseases.
5. Appreciate the concept and scope of demography.
6. Understand the impact of population explosion and population control.

### **Medical Surgical Nursing-I**

The purpose of this course is to acquire knowledge and develop proficiency in caring for patients with medical surgical disorders in varieties of health care settings and at home after the discharge of patients from hospital. Specific Objectives: At completion of the course the student is able to:

- a. Describe the causes, signs and symptoms, pathophysiology, treatment and prevention of medical surgical conditions.
- b. Demonstrate skill in carrying out nursing techniques and procedures in keeping with scientific principles.
- c. Discuss nursing process and provide nursing care to patients with various medical surgical conditions.

### **B. Sc. Nursing III year Course Outcomes Medical Surgical Nursing-II**

The purpose of this course is to acquire knowledge and proficiency in caring for patients with medical and surgical disorders in varieties of health care settings and at home.

Specific objectives:

At the end of the course the student will be able to:

1. Provide care for patients with disorders of ear nose and throat.

2. Take care of patients with disorders of eye.
3. Plan, implement and evaluate nursing management of patients with neurological disorders.
4. Develop abilities to take care of female patients with reproductive disorders.
5. Provide care to patients with burns, reconstructive and cosmetic surgery.
6. Manage patients with oncological conditions
7. Develop skill in providing care during emergency and disaster situations
8. Plan, implement and evaluate care of elderly
9. Develop ability to manage patients in critical care units

### **Child Health Nursing**

This course is designed for developing an understanding of the modern approach to child-care, identification, prevention and nursing management of common health problems of neonates and children.

Specific objectives: At the end of the course, the students will be able to:

1. Explain the modern concept of child care and the principles of child health nursing.
2. Describe the normal growth and development of children in various age groups.
3. Explain the physiological response of body to disease conditions in children.
4. Identify the health needs and problems of neonates and children, plan and implement appropriate nursing interventions.
5. Identify the various preventive, promotive and rehabilitative aspects of child care and apply them in providing nursing care to children in the hospital and in the community.

### **Mental Health Nursing:**

This course is designed for developing an understanding of the modern approach to mental health, identification, prevention, rehabilitation and nursing management of common mental health problems with special emphasis on therapeutic interventions for individuals, family and community.

Specific objectives: At the end of the course student will be able to:

1. Understand the historical development and current trends in mental health nursing.
2. Comprehend and apply principles of psychiatric nursing in clinical practice.
3. Understand the etiology, psychodynamics and management of psychiatric disorders.
4. Develop competency in assessment, therapeutic communication and assisting with various treatment modalities.
5. Understand and accept patient with psychiatric disorders as an individual and develop a deeper insight into her own attitudes and emotional reactions.

6. Develop skill in providing comprehensive care to various kinds of patient with psychiatric disorders.
7. Develop understanding regarding psychiatric emergencies and crisis interventions.
8. Appreciate the importance of community health nursing in psychiatry.

#### **Midwifery and obstetrical nursing:**

This course is designed for students to appreciate the concepts and principles of Midwifery and obstetrical nursing. It helps them to acquire knowledge and skills in rendering nursing care to normal and high risk pregnant woman during antenatal, natal and post natal periods in hospitals and community settings. It also helps to develop skills in managing normal and high-risk neonates and participate in family welfare programme.

Specific objectives: At the end of the course student will be able to:

1. Describe the normal pregnancy, labor and puerperium and demonstrate the application of knowledge and skill in giving need based care to the mothers.
2. Demonstrate safe management throughout all the stages of labour.
3. Identify the high risk factor during pregnancy, labor and puerperium as well as neonates and take appropriate interventions.
4. Motivate the mother for care of the baby and adapting family planning methods to maintain small family norms.
5. Prepare the mothers for self care during the pregnancy, labor and puerperium.

#### **Nursing Research and Statistics**

The course is designed to enable students to develop an understanding of basic concepts of research, research process and statistics and to enable them to conduct/participate in need based research studies in various settings. Further the students will be able to utilize the research findings to provide quality nursing care.

Specific objectives:

At the end of the course, the students will be able to:

1. Define the terms and concepts of nursing research.
2. Identify needs and scope of nursing research.
3. Define research problems.
4. Locate and list sources of literature review including operational definitions and conceptual Framework.
5. Describe different approaches and research designs in nursing research.
6. Describe sample and sampling technique.
7. Develop tool for data collection.

8. Conduct pilot study to confirm reliability and validity of tool before data collection
9. To enumerate steps of data analysis and present data summary.
10. Use descriptive and co- relational statistics in data analysis.
11. Conduct group project and write report.

## **B. Sc. Nursing IV year Course Outcomes**

### **Midwifery and Obstetrical Nursing**

This course is designed for students to appreciate the concepts and principles of Midwifery and obstetrical nursing. It helps them to acquire knowledge and skills in rendering nursing care to normal and high risk pregnant woman during antenatal, natal and post natal periods in hospitals and community settings. It also helps to develop skills in managing normal and high-risk neonates and participate in family welfare programme.

Specific objectives: At the end of the course student will be able to:

1. Describe the normal pregnancy, labor and puerperium and demonstrate the application of knowledge and skill in giving need –based care.
2. Demonstrate safe management of all stages of labour.
3. Identify the high risk factor during pregnancy, labor and puerperium as well as neonates and take appropriate interventions.
4. Motivate the mother for care of the baby and adapting family planning methods to maintain small family norms.
5. Prepare the mothers for self care during the pregnancy, labor and puerperium.

### **Community Health Nursing – II**

This course is designed for students to practice community health nursing for the individual, family and groups at both urban and rural setting by using concept and principles of health and community health nursing.

Specific objectives:

At the end of the course student will be able to:

1. Understand the concepts, scope, principles and historical development of community health and community health nursing.
2. Appreciate the national health planning, policies, problems.
3. Describe the system of delivery of community health services in rural and urban area.
4. Develop understanding about community health nursing approaches, concepts and roles and responsibilities of nursing personnel.
5. Participate in assisting individuals and groups to promote and maintain their health.
6. Appreciate the national health and family welfare programme and the role of the nurse.

7. Understand the health agencies at the international and national level.

**Management of Nursing Service & Education:**

This course is designed to enable students to acquire in-depth understanding of management of hospital services, management of nursing services and nursing educational programmes.

This is also designed to enable students to acquire understanding of the professional responsibilities, prospects and contribution to the growth of the Nursing profession.

Specific objectives: At the end of the course student will be able to

1. Understand the principles and functions of management.
2. Understand the elements and process of management.
3. Appreciate the management of nursing services in the hospital and community.
4. Apply the concepts, theories and techniques of organizational behaviour and human relations.
5. Develop skills in planning and organizing in service education.
6. Understand the management of nursing educational institutions.
7. Describe the use of Hospital Management System.
8. Describe the ethical and legal responsibilities of a professional nurse.
9. Understand the various opportunities for professional advancement.